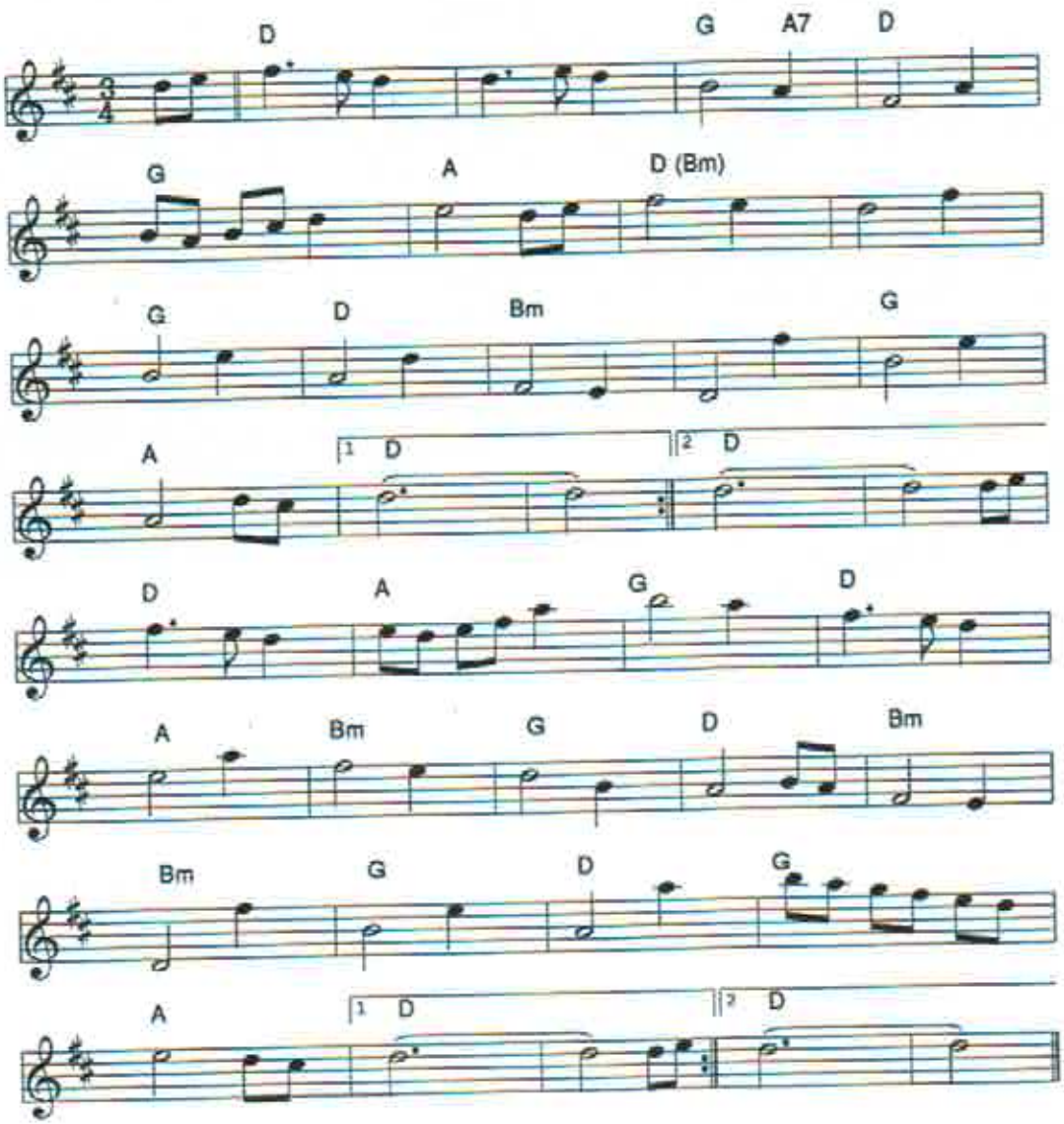
SHEEBEG AND SHEEMORE

Irish

O'Carolan

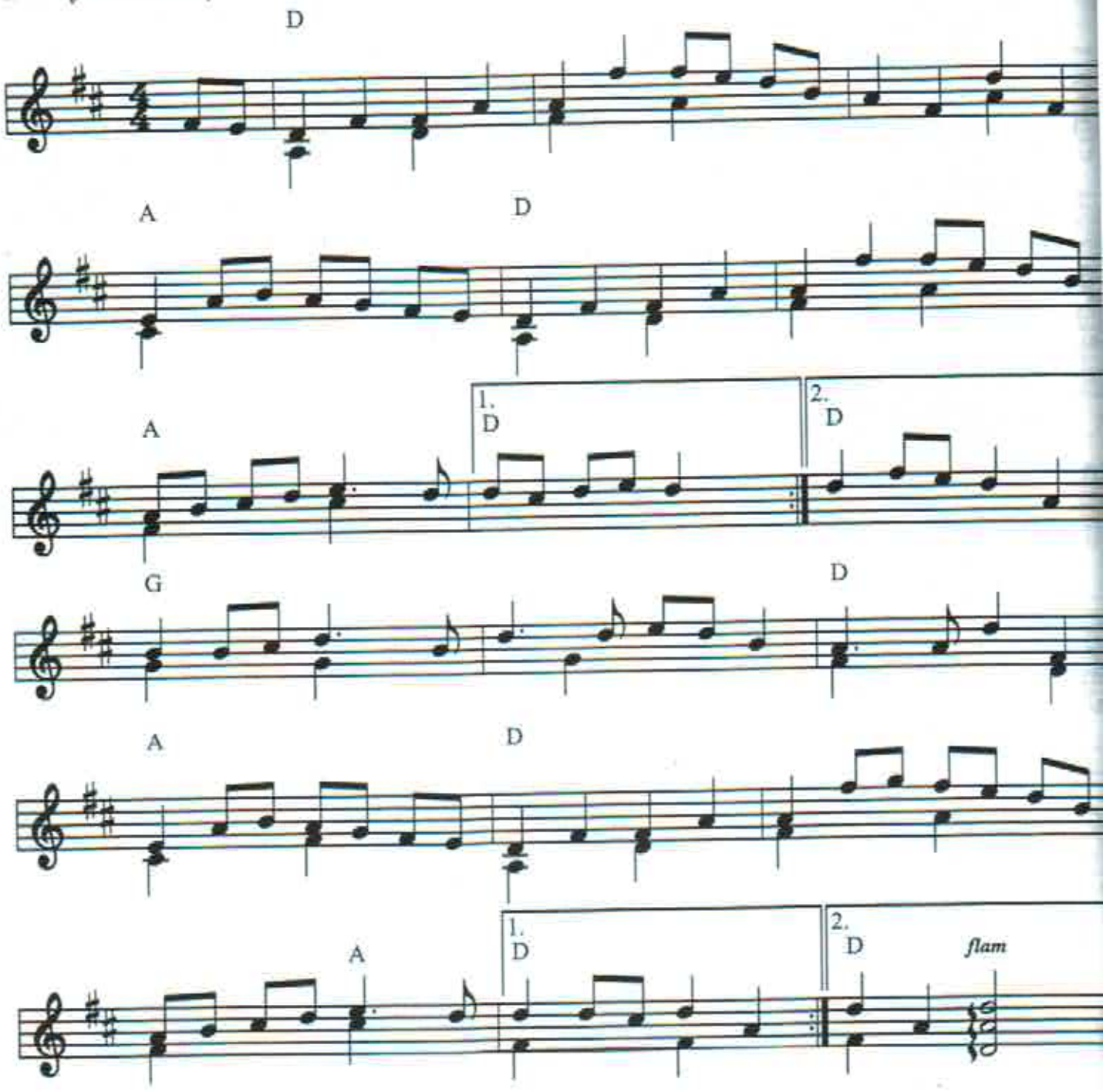


Carolan -- the life, times, and music of an Irish harper, by Donal O'Sullivan, 1958, describes Sheebag and Sheemore as hills topped by ancient ruins, rumored to be fairy castles under which were entombed heros from a battle between two rival kingdoms. The story goes that O'Carolan heard this legend from his first patron, a Mr. Reynolds, himself a harper and poet who lived near these hills. He suggested O'Carolan try his hand at composition, and the result was this tune. It is said to be similar to older melodies known as *The Cuckoo,* or *The Bonny Cuckoo.* It is variously spelled, including *Sidh Beag Agus Sidh Mor.* A dance by Gail Tickner called *The Bonny Cuckoo* appeared with a tune of the same name in *CDSS News # 69, March/April 1986.* Widely recorded, including *Swallowtail* (Rooster Records); and by Tony Elman on *Shakin' Down the Acorns* (Acorn Music).

THE YEAR OF JUBILO

Arr. by S. J. Hawley

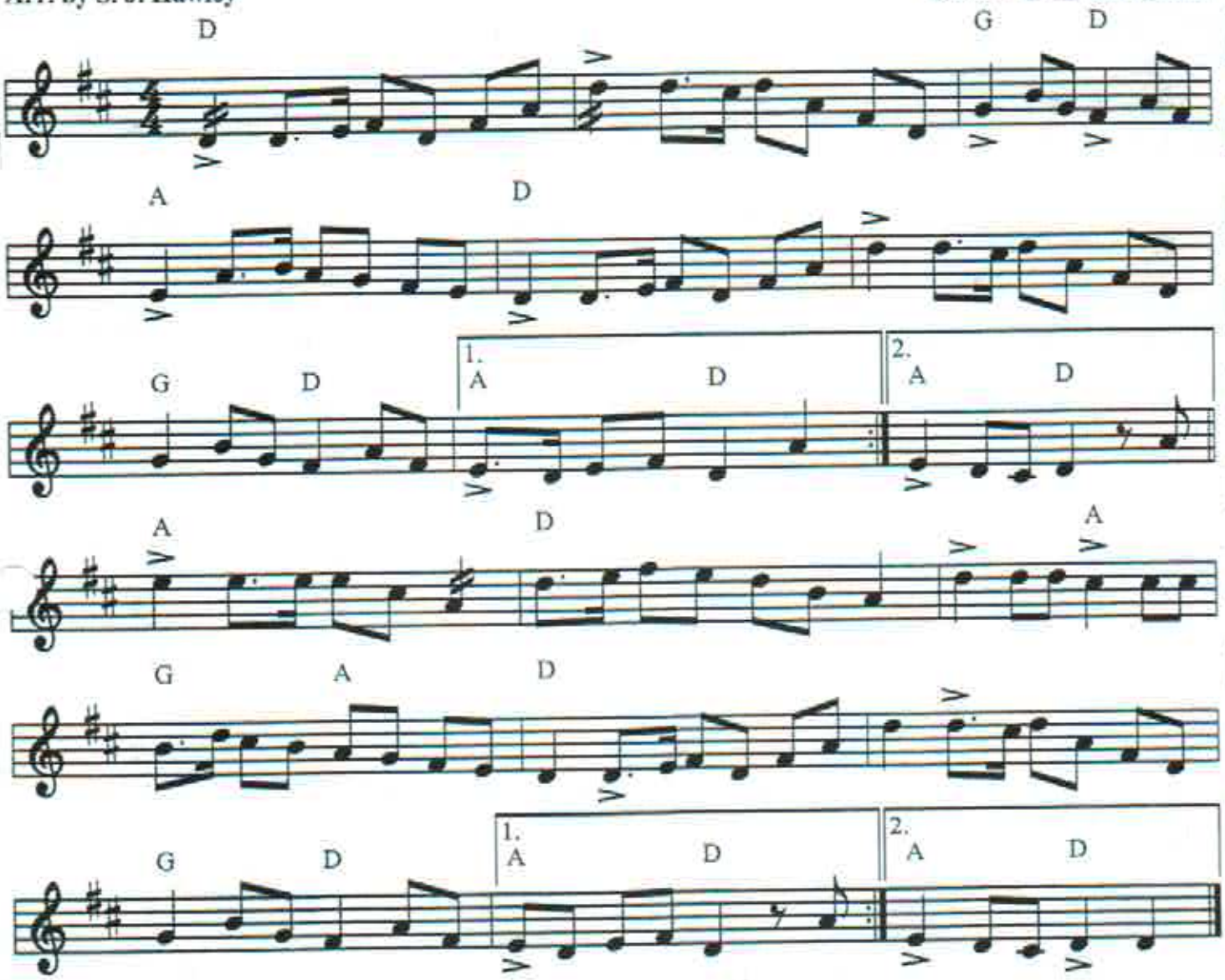
Oldtime Tradition



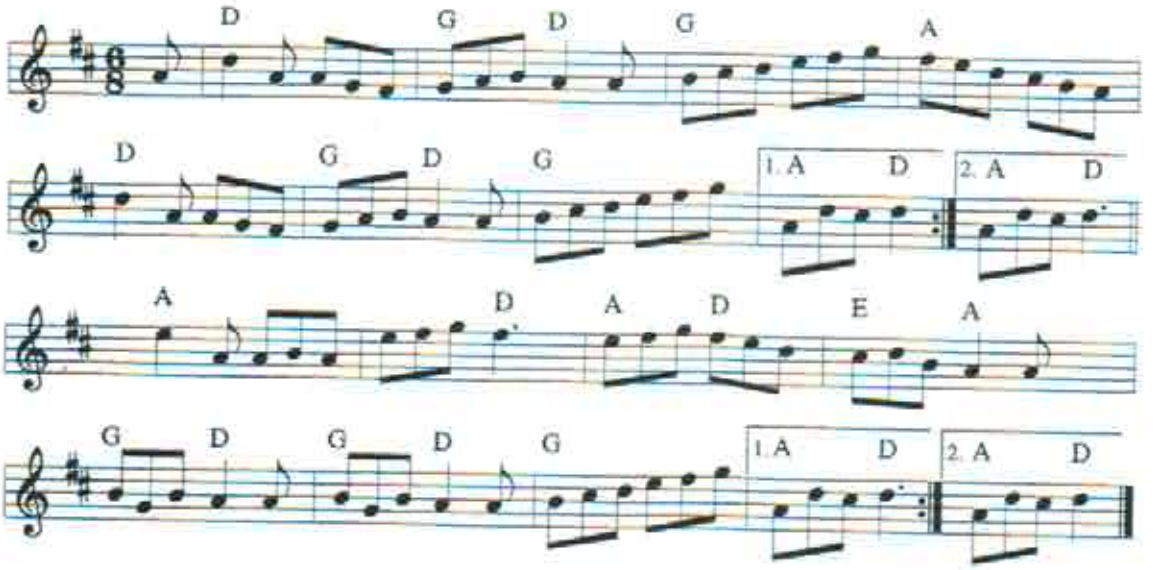
SCOTLAND THE BRAVE

Arr. by S. J. Hawley

Scots Traditional March



The Moon and Seven Stars



Contra dancing is connection — to your inner self, to your partner, to the musicians and caller, to all the dancers in the hall moving in synchrony with the calls and the music, to the other dance communities across the country, each with their own version of this Saturday night, and to the 200 or so years of tradition of this music and dance.

PORTLAND DANCER